

Services 2018

PRIVATE CONSULTATIONS		
CONSULTATION	DURATION	COST
First consultation	60-80mins	R610
Second consultation with eating plan	45mins	R500
Follow up consultation	30mins	R350
DNAlysis Report consultation	45-60mins	R500
DNAlysis Report + Eating plan	60-80mins	R850
InBody Consultation	45mins	R340

CORPORATE		
SERVICE	DURATION	COST
Vitalities (min 10 bookings)	20-30min per consult	R270 each (can claim directly but prefer upfront payment)
Health talks/presentations	30mins +	R860 per 30mins
Full day – display and general advice	5-8 hours	R2270
Half day – display and general advice	3-4 hours	R1950
Full day – smoothie demo and general advice	5-8 hours	R2270 + ingredients(budget to be given)
Half day – smoothie demo and general advice	3-4 hours	R1950 + ingredients(budget to be given)
Healthy cooking demo	90mins	R1300 + ingredients(budget to be given)